



Nicholas A. Colasanto Center  
2704 Mount Vernon Avenue  
Alexandria, Virginia 22301-1124  
703.838.4827  
[www.TheDelRayArtisans.org](http://www.TheDelRayArtisans.org)

FOR IMMEDIATE RELEASE

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## ***Nourish & Flourish: The Food Show***

**Opening Reception: Friday, November 7 from 7-9 pm**

**Show Dates: November 7 – 30, 2014**

**Alexandria, VA (released: September 27, 2014)** – “Nourish & Flourish: The Food Show” opens on Friday, November 7, with a reception from 7-9 pm at Del Ray Artisans gallery.

Art inspired by food—realistic or metaphorical, but worthy of tasting and savoring. From hunters in cave paintings to soup cans and cakes, artists have focused on the food that sustains us. DRA invites member artists to create art in all media that reflects the ways food influences us all, how we gather it, prepare it, and consume it, as we gather around the table. Where does our food come from? How does too much – or too little – change our lives? This exhibit describes and illuminates these age-old questions, and features the work of Del Ray Artisans members.

During the month of Thanksgiving, we express gratitude for the abundance in our own lives and encourage artists and gallery visitors to make donations of non-perishable food for persons in need. Drop off donations during the opening reception or during regular gallery hours: Thursday 12-6 pm, Friday & Saturday 12-9 pm, and Sunday 12-6 pm. The gallery will be closed on Thanksgiving Day (Thursday, November 27), but open the remainder of Thanksgiving weekend.

The show runs from November 7 through November 30, 2014, at Del Ray Artisans gallery at the Nicholas A. Colasanto Center, 2704 Mount Vernon Avenue, Alexandria, Virginia 22301. The gallery is free, open to the public and handicap accessible.

For more information, please visit [www.TheDelRayArtisans.org/shows](http://www.TheDelRayArtisans.org/shows) or contact the curators Cathy and John Messina ([jncmessina@att.net](mailto:jncmessina@att.net)) and Michele Reday Cook ([mredaycook@gmail.com](mailto:mredaycook@gmail.com)) or contact Del Ray Artisans’ Director of Curating Lesley Hall ([Curating@TheDelRayArtisans.org](mailto:Curating@TheDelRayArtisans.org)).

*Del Ray Artisans, founded in 1992, is a nonprofit organization whose mission is to promote art for the benefit of artists and the community.*

*Del Ray Artisans (DRA) appreciates the continued support from the City of Alexandria, Alexandria Commission for the Arts, Virginia Commission for the Arts, and National Endowment for the Arts. DRA is a 501(c)(3) organization.*

Supported in part by:





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**Calendar Entry Blurb – 35 words or fewer:**

“Nourish & Flourish: The Food Show” art exhibit (November 7-30) at Del Ray Artisans gallery. Art inspired by food. Thursday 12-6pm; Friday & Saturday 12-9pm; Sunday 12-6pm. Reception: Friday, November 7, 7-9pm. [www.TheDelRayArtisans.org](http://www.TheDelRayArtisans.org)

**Synopsis Blurb – 75 words or fewer:**

“Nourish & Flourish: The Food Show” art exhibit (November 7-30) at Del Ray Artisans. Art inspired by food. From hunters in cave paintings to soup cans and cakes, artists have focused on the food that sustains us. This member show reflects and illuminates the ways food influences us all. Show runs November 7-30, 2014. Reception: Friday, November 7, 7-9pm. Gallery hours: Thursday 12-6pm; Friday & Saturday 12-9pm; Sunday 12-6pm. 2704 Mount Vernon Avenue, Alexandria. [www.TheDelRayArtisans.org](http://www.TheDelRayArtisans.org)

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